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FINANCIAL

## Eight ways to measure wealth – only one is money

Hello Rebecca,

Did you know that the true measure of wealth extends far beyond your bank account balance? In fact, there are eight distinct ways to evaluate wealth. And beyond the familiar metric of money, factors like growth, wellness, family, craft, community, adventure, and service play crucial roles in defining how wealthy you are.

And though it's tempting to focus solely on financial gains, real wealth encompasses personal development, physical and mental health, the joy of relationships, mastery of skills, the support of community, the thrill of new experiences, and the fulfillment of giving back. Recognizing and nurturing these areas can lead to a more balanced, content, and abundant life.

Explore and reflect on these pivotal aspects of wealth in the articles below. Let me know if you have any questions. We can take a deeper dive together and start enriching your journey today.



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*Thoughtful Wealth Management Starts with a Conversation*

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## Here are eight ways to measure wealth – only one is money

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