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FINANCIAL

Leisure Time and the Future of Work

Hello Rebecca,

The impact of AI on the economy and job market has been one of the major stories of 2023. Given its ability to automate many activities that have hitherto been done manually, there are those who worry that it will leave many without good career prospects. Others, in contrast, celebrate its potential to liberate us from work, thereby allowing us to have more time to enjoy life.

But despite such optimistic desires, many of us aren't taking advantage of the free time we already have. According to a recent study by Pew Research, nearly half of American workers take less time off than their employers allow and the numbers in Canada likely aren't all that different.

With many of us now working more than required, it's worth asking how ready we are for the liberatory promise of AI. Would we actually use the greater free time AI could give us, or would we continue to work more than necessary out of habit, a sense of obligation, or a desire to get ahead?

Regardless of what the future may bring, be sure to take time to rest and rejuvenate while the summer lasts, finding time to simply enjoy the life you've worked so hard to create.

As always, I'm here to help you build a financial plan that will let you do that, so please be in touch.



Kevin Giffin

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