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See forward by looking back

Hello Rebecca,

November is a strange month. It starts off with earlier sunsets and gloomy days, but at the same time, it ushers the joy of the holiday season. You probably have mixed feelings about it. But this month can be the best month of the year, money-wise.

November gives us the chance to take a step back before the craziness of the holiday season is upon us and look back at the year, evaluate our financial plan, and make new goals around things like holiday spending, year-end taxes, and what we're looking forward to in the new year.

What has worked for you this year? What didn't? What do you want to change in 2023? This November, let's connect to celebrate and collaborate around the good while acknowledging and moving on from the bad with a strategic plan for next year.

Enjoy the articles. This week, I've included a couple that have some great tips on how to incorporate rest and reset into your day. That's a great goal to have for the rest of this year and into 2023.



Kevin Giffin

Certified Financial Planner

Full Circle Financial

Thoughtful Wealth Management Starts with a Conversation

Office : [\(416\) 341-7901](tel:(416)341-7901)

Cellular : [\(416\) 708 - 6229](tel:(416)708-6229)

kgiffin@fullcirclefinancial.ca

www.fullcirclefinancial.ca/





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54 Great Oak Drive - Toronto, Ontario - M9A 1N2

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