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Signs of the times

Hello Rebecca,

Though passing largely unnoticed, something significant happened on September 22: the autumnal equinox. Derived from the Latin words for “equal” and “night,” an equinox is when day and night time are closest to equal, given the time between the sun’s rise and its setting. Marking the halfway point between the summer and winter solstices, the equinox also indicates the official change of season, from summer to fall.

It was, of course, by chance that this sign of increasing darkness and diminishing daylight coincided with some of the worst economic news of the year, with markets down significantly, interest rates up (with more hikes undoubtedly on the way), inflation remaining stubbornly high and a recession seeming increasingly likely according to many economists. But despite their merely coincidental connection, there are lessons to be drawn from the seasonal change announced by the equinox for what to do in the face of such continuing economic worries.

Just as the autumnal equinox is a reminder of what to do to get through the upcoming winter, the economic news from last week should also serve as a wake-up call, a reminder of what you need to do to prepare for the financial “winter” that seems to be on its way as well.

As always, I’m here to help, so be sure to reach out with any questions or concerns you may have. Together, we can make sure your financial plan is “winter-proofed.”



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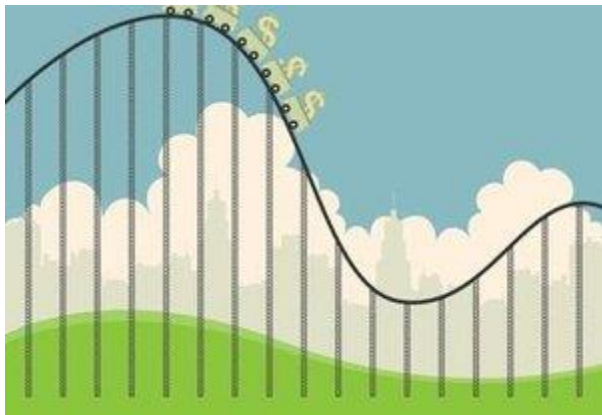
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